



Dear Susan Scott,

Thank you for your interest in Lone Star Expeditions. I have enclosed some program materials to give you additional information about our Wilderness Field Instructor position.

Lone Star Expeditions is a licensed, outdoor behavioral healthcare program with a focus on assessment, intervention and aftercare. The program uses the wilderness as an alternative to traditional clinical settings, while engaging students using established clinical treatment methods.

Our employment options:

- **WILDERNESS FIELD INSTRUCTOR** The Field Instructor position is the most pivotal and influential position in our organization as it allows our field staff to live with the students in the field for 8 days on and 6 off. Our guides serve as role models who live out our standards of appropriate communication, goal setting, anger management, responsibility, and above all, self-sufficiency. As role models they work with the student around the clock to establish respect and rapport with the groups in an effort to make each students experience a lasting one.
- **SEASONAL OPTION** We offer seasonal field instructor positions throughout the year, with an emphasis during our peak summer months.
- **PAID INTERNSHIP OPTION** Our field instructor internship opportunities are based on the college requirements for each individual interested. It is individualized and we are able to create specific options with each candidate.

We feel strongly that by combining insight-oriented therapy with a highly individualized level system in a forested, camp-like setting, we provide professional and personal growth for our field instructors with a quality intervention. All forms in this packet can be downloaded from the employment page on our website. Please feel free to contact me with your questions at 936.831.3133 or email me at jmarek@lonestarexpeditions.com.

Sincerely,

Jonathan Marek, BS, WFR
Recruiter



Lone Star Expeditions

Wilderness Field Instructor

Located in the Davy Crockett National forest near Groveton, Texas, we utilize a primitive skill teaching modality, group dynamics facilitation, experiential and academic curriculums, and in-depth Master's-level counseling to effect change within our students. We provide an intervention and treatment assessment program for at-risk teens from across the U.S. Most students coming to LSE display self-defeating behaviors and destructive decision-making patterns, which manifest as substance abuse problems, difficulty in school, deteriorating personal relationships, a lack of personal care, angry and oppositional behavior, and a general loss of control in their lives. LSE aims to unearth the gifts and talents that have been buried beneath these unhealthy patterns of behavior. We then aim to provide our students with tools to respond to challenges in a productive, solution-oriented manner by challenging their "old habits" and cultivating a desire for change within each student. LSE is an empowerment program and our students will walk away at the beginning of a long road of growth, being more self-reliant, able to sustain meaningful relationships, and possessing a stronger personal integrity.

We serve a maximum of 8 students per group. A treatment team consisting of 2 or 3 Field Instructors (1 Head and 1 or 2 Assistants) and a Therapist facilitate the course. Instructors are with the students around the clock. Work shifts run 8 days on and 6 days off. The licensed therapist engages the students in deeper-level counseling and works with their parents. Under the direction of the therapist, instructors carry out specific, therapeutic outcomes for all students and devise strategies for reaching the intended outcomes in the field. Students progress through the program as evidenced by their investment, responsibility, and integration of the therapeutic work.



Mission Statement

United by a sense of caring, we at Lone Star Expeditions provide a process to positively impact all we encounter. Set in the forests of deep East Texas, we orient families and guide teenagers toward healthy relationships and personal enrichment.

Pre-requisites

- 21 Years of Age
- Experience in 1 or more of the following areas is a plus:
 - 1) Experience with at-risk youth in a work setting;
 - 2) Experience in a counseling/teaching capacity with children;
 - 3) Personal competency with wilderness skills and/or a background in facilitating experiential education.
- A strength and commitment towards pro-active, interpersonal communication amidst constant challenge.

All instructors are evaluated rigorously by their Head Instructors, Therapist, and Field Director. Instructors advance through a 4-tier role-system by completing "Instructor Growth Books," a performance assessment plan that relates directly to upward mobility and pay increases. Employment benefits include medical, dental, vision insurance, and a 401K plan. We offer pre- and post-course temporary housing. I genuinely hope that we may explore avenues of employment together and look forward to considering you for our team.